

# Stepping Stones

## Upcoming Events

9.24.2009

**Have the Conversation: talk to stop teen dating violence**  
7:00 to 9:30PM, Framingham  
A free-to-the-public prevention workshop

10.06.2009

**The First Annual Stepping Stone Society Celebration**

10.20.2009

**Have the Conversation: talk to stop teen dating violence**  
7:00 to 9:30PM, Newton  
A free-to-the-public prevention workshop

10.22.2009

**West Newton Cinema Event**  
5:00PM  
Call (617) 965-3999 for details

10.28.2009

**An Evening Of Gifts: Beautiful Handcrafts to Benefit The Second Step**  
4:00 to 8:00PM  
345 Walnut Street, Newton  
For information please email [sweedie16@gmail.com](mailto:sweedie16@gmail.com)

11.07.2009

**Step Up to the Plate**  
Details on p. 8

## The Second Step's Afterschool Program

### Where the Real Learning Begins

Imagine you are ten years old and have moved five times. With each move, you leave behind something special to you—one time it's a bicycle, another time a beloved cat, yet another time a cherished playmate. Ten-year-old twins Tanisha and Tyrese have bittersweet memories of the many places they've lived and the things they've left behind. The family has high hopes that their move to The Second Step's Transitional Living Program will be their last for a long while.

Domestic violence affects every person differently. But Tanisha and Tyrese are not unusual in that the combination of a traumatic living situation, coupled with frequent moves, has caused them to lag behind their classmates both socially and academically. Fortunately, The Second Step Afterschool Program is uniquely qualified to help them.

### The Afterschool Program

The Second Step is the only transitional living program with a therapeutic afterschool program specifically geared to helping young children traumatized by domestic violence. The trained staff helps the children deal with post-traumatic stress that may affect their social, emotional, and cognitive development which in turn can impact their capacity to trust and their ability to function in school and in relationships. It caters to children in Kindergarten through fifth grade who live in The Second Step's communal residences. It supports the children's transition to a new living situation, and provides a structured therapeutic curriculum that addresses themes such as moving, living in transition, feelings, friendship, community, anger management, relationship building and conflict resolution. Former Executive Director Liz Kirsh was instrumental in creating the curriculum over a decade ago. "I had seen that the children coming to The Second Step had a lot of special needs and the public schools and



From L to R: Tanya McLean, Afterschool Director, Steven Jenkins, Child Care Advocate, Jessica Cohen, Afterschool Teacher

local day cares seemed overwhelmed by them," says Kirsch. "These kids were not only dealing with the typical issues of moving to a new house, attending a new school, and making new friends; they also had to deal with domestic violence and homelessness."

### An Academic Foundation

By collaborating with teachers and parents, the Afterschool staff provides much-needed support to the families as they enter the next phase of their lives. In addition to the three full-time staff, trained tutors are on hand to offer individualized instruction to help the children reach, and maintain, the appropriate grade level.

*A typical afternoon schedule looks like this:*

- **Check In:** The kids put their stuff in their cubbies and set their Feelings Wheels. These small rituals help to make Afterschool consistent and predictable.
- **Quiet Space:** To transition from the end of the school day to Afterschool, the kids read, journal, do brainteasers or similar activities for 10 minutes. This provides the opportunity to practice skills independently and without pressure.

*Continued on page 3*

## The Second Step Establishes The Stepping Stone Society

In honor and celebration of major annual donors whose support provides survivor families a way from violence to self-reliance, The Second Step has established The Stepping Stone Society.

*Read more on page 4*



## DEAR FRIENDS,

Every once in a while, I'll hear someone refer to The Second Step as "a shelter for battered women in Newton." I admit to a stifled sigh when I hear it. The Second Step is not a shelter, nor do we serve only women. "Battered" is a word that underestimates the scope and limits the perception of domestic abuse. And, our participants certainly do not all hail from, nor transition to, Newton. Occasionally, as antiquated a moniker as it is, I'll hear someone refer to us as a "charity." (Did you hear that sigh?)



I've lived in Newton for 32 years. Before I became involved with The Second Step, and long before I became Executive Director, I too had a limited understanding of the organization's mission, service repertoire, and reach. Now I'm responsible for defining them, for their care and feeding.

So do I throw up my hands and let my reaction to misnomers begin and end with a sigh? No, because it's an opportunity to educate our constituencies. My mild annoyance quickly turns to appreciation for the chance to engage new friends. I tactfully interrupt when I hear the terms "shelter" and "charity" offering this response to the question "What is The Second Step?": The Second Step is dedicated to adults and children who have survived domestic abuse. We partner with individuals and families to enhance supportive community and identify pathways to physical and emotional healing, housing, and legal and financial stability.

Alas, I have trouble keeping my elevator speech to 30 seconds. I tend to go on about how our Transitional Living Program prevents homelessness, supporting up to forty families each year, how our Therapeutic Afterschool Program helps child survivors rebuild trust and strengthen academic and social skills, and how our Community Program provides more than 100 individuals and families with everything from safety planning to support groups, mentoring, legal advocacy, housing counseling, and community resource referrals. I offer more: The Second Step is about a safe future, not just a safe haven. We're about a hand up, not a hand-out. We are about community and education and empowerment and new skills and rekindled hope and...I do go on.

After a while, whomever I've interrupted offers his or her card, jotting down preferred coffee dates and promising to deliver donations and take a tour. I gush about The Second Step; I do so unabashedly. I take every opportunity to tell people about our comprehensive continuum of survivor services.

Ask me sometime!

Roberta R. Rosenberg  
Executive Director

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- **Snack:** A great time for conversation and learning about making healthy food choices.
- **Daily News:** The kids gather on the carpet and are encouraged to talk about their day at school, activities at home, weekend adventures or anything of interest. This helps the kids practice their listening and speaking skills.
- **Homework:** Every Monday, Wednesday and Thursday there is a minimum of 30 minutes of structured academic work. This gives the kids the opportunity to work on potentially difficult subjects knowing there is help nearby.
- **Topic Activities:** Each week focuses on a therapeutic theme, such as family, community, moving, friendship, bodies, living in transition, and conflict resolution. Activities include individual and partner exercises as well as group projects.
- **Choice Time:** The children are encouraged to try new games and activities as well as play individually or with other children, teachers and volunteers. Free play enables the kids to explore and develop their unique, individual interests.
- **Pick-up:** 5:45 p.m.

In addition to the daily schedule, there are weekly outings to such places as Drumlin Farm, The Museum of Science, and Walden Pond. The kids also participate in athletic activities such as ice skating, cross country skiing, bowling, and regular Friday afternoon swims at the YMCA. "Higher risk" activities, such as trapeze swinging and rock climbing, teach the children about taking risks. In the structured environment of the gym, they are able

to discover the difference between positive and negative risk taking and develop the ability to combine different emotions. Yes, it is possible to be both terrified and excited, at the same time, when preparing to jump off a trapeze platform!

## A Therapeutic Approach

The Afterschool Program is less like a class and more like a family. The children feel safe to talk about what they have experienced, whether it be violence, homelessness, the absence of an abusing parent, or the loss of friends, familiar routines and belongings. No topic is off-limits.

In the program, the kids learn that they do not have to be happy all the time, and that people will still play with them and be their friends even if they sometimes are mad or sad. They learn about different types of happiness, such as excitement, and different types of anger, such as frustration. They learn that while sometimes these emotions feel similar, frustration over someone playing with a toy they wanted should be handled differently than anger over someone calling them a name. They learn the importance of discussing emotions so they can understand why they are feeling a certain way. They learn that with understanding comes new, more productive ways of coping.

This thematic therapeutic approach breaks down the sense of isolation many kids feel, and shows them that they are not alone. The Afterschool Program provides them with the time, permission, trust and safety to talk about everything; the good and the bad. For Tanisha and Tyrese, that just might make up for the bicycles they left behind.

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## Teens, invite your parents. Parents, invite your teens to Have the Conversation: talk to stop teen dating violence

Developed by domestic violence case specialists at The Second Step, Have the Conversation is an eye-opening, educational, interactive experience for teens and the adults in their lives. Come and learn about teen domestic abuse in its many forms, how to help a friend, healthy relationships, dating safety, communication, and YOU.



Register for a workshop:

**Thursday, September 24, 2009  
7:00 to 9:30PM**

Hosted by Erin Casey and her niece Leah Flanigan (15)  
At Erin's home in Framingham (best suited for teens 15-18)

**Tuesday, October 20, 2009  
7:00 to 9:30PM**

Hosted by Jim Ostrow and his son Stew (14)  
At Lasell College in Newton (best suited for teens 12-15)

*Donations to support prevention programming are appreciated.*

Contact Alison Rosenfeld at [arosenfeld@thesecondstep.org](mailto:arosenfeld@thesecondstep.org) or at 617-383-6039 to register today!

- Young women 16-24 experience the highest rate of domestic violence and sexual assault nationwide
- One in three teens reports knowing a peer who has been hit, punched, kicked or physically hurt by a dating partner; one in five teens is himself / herself a victim
- 66% of teens in an abusive relationship keep it a secret
- 81% of parents surveyed believe teen dating violence is not an issue or admit they don't know if it's an issue



## The Most Wonderful Time of the Year Please Let Us Know If You Can Help In November!

Calling all Angels, Elves and Reindeer! The Second Step is gearing up for its annual Holiday Gift Drive and we need your help. Last year The Second Step provided holiday gifts for over 100 families thanks to your generous support.

This year's need is equally great. Families have been displaced due to domestic violence or are struggling to establish new homes for themselves and their children. As the temperature drops there are real financial constraints that impede our clients' ability to provide warm clothing and essentials for their children, let alone gifts and toys that other children enjoy.

With your support, we can help survivors provide a memorable holiday for their families.

### ***In early November, we must secure:***

- **Angels** Individuals, families, corporate groups, schools, clubs, and others who are willing to offer time, financial assistance and/or gifts to our families. You can adopt one family or ten.
- **Elves and Reindeer** "Elves" to help organize, sort and wrap gifts in early-mid December and "Reindeer" with vehicles to deliver the gifts in the Greater Boston area in mid-December.
- **The North Pole** Appropriate, temporary storage and work space. Sentimentally referred to as the "North Pole," we seek 3,000-6,000 square feet of secure space—could be commercial or an empty residence—for two weeks in December.

*Please help us make the holidays joyous for families in need.*  
Contact Greta Kenney, Community Services Coordinator  
at 617-383-6037 or [gkenney@thesecondstep.org](mailto:gkenney@thesecondstep.org).

*Continued from page 1*

## The Second Step Establishes The Stepping Stone Society

This special giving program recognizes individuals and couples who contribute \$1,000 or more to our annual fund each fiscal year between July 1st and June 30th. We are most grateful to the men and women whose philanthropy forges pathways to health, safety and hope for survivors of domestic abuse. Members of The Stepping Stone Society will be recognized each year in printed materials and on our website at [www.thesecondstep.org](http://www.thesecondstep.org) for cumulative annual giving at the following levels:

Vanguard.....	\$20,000 and above
Trailblazer.....	\$10,000 to \$19,999
Pacesetter.....	\$7,500 to \$9,999
Pathfinder.....	\$5,000 to \$7,499
Pioneer.....	\$2,500 to \$4,999
Scout.....	\$1,000 to \$2,499

### **BENEFITS OF JOINING THE STEPPING STONE SOCIETY INCLUDE:**

- An invitation to an annual member event, to be held this year on **October 6!**
- A set of note cards featuring artwork by survivors of domestic abuse
- A personal tour of our Transitional Living Programs
- Recognition in our newsletter and on our website

### **AND FOR TRAILBLAZERS AND VANGUARDS:**

- A domestic violence prevention workshop developed and delivered expressly for your audience, schedule, and preferred venue
- An invitation to join Executive Director Roberta Rosenberg for an elegant dinner and topical discussion at her Newton, Massachusetts home

Thanks to the generosity of our supporters, 114 individuals and couples have already been welcomed as inaugural members of The Stepping Stone Society. With plenty of time left to join this fiscal year, we will be honored to welcome you and celebrate with you at our first annual member event on October 6, 2009.

Please contact Erin Casey, Director of Development at (617) 965-4173 for more information.

## A Word of Thanks to...



**Boston Marathon Team TSS** From L to R: *Gina Matarazzo, Natalie DeAngelo, John Wayman, Melissa O'Brien, Robert Hodgson, James Lovejoy, and Nick Lovejoy*—for raising \$26,500 to support *The Second Step* and running 26 miles to end domestic violence

- **Newton Country Day School of the Sacred Heart** for generously hosting our Board of Directors meetings and helping us honor nearly 100 volunteers with a sumptuous dinner
- **iCorps of Boston** for providing timely and professional pro bono technical support
- **Joanne Zafron of Focal Point Opticians** for her generosity in providing free eyewear to adult and child participants of *The Second Step*
- **Lasell College** for hosting our IMAGINE program and providing bi-monthly meeting space and use of the campus facilities
- **Susan Paley**, Assistant VP of Community Relations of Village Bank and her Newton Highlands branch colleagues for facilitating a 7-week financial literacy workshop for transitional living participants and financial workshops for IMAGINE participants
- **Cabot's Ice Cream** for including *The Second Step* in their 40th Anniversary Celebration Ice Cream Social
- **West Newton Cinema** for airing First Lady of Massachusetts Diane Patrick's domestic violence public service announcement preceding all movies for three months
- **Pine Manor College Leadership Training Group and Linda Sperandio**, a SERV volunteer, who did a terrific job of cleaning, sorting, moving and organizing items at our Transitional Living Programs
- **Shana Simkin** for her invaluable, dedicated volunteer service in our Transitional Living Program
- **ClickSquare Associates** for a total living room makeover—from paint to curtains, accessories, and more—at one of our residences in July. A great face lift for a much used space!
- **Judy Gilreath** of the Watertown Boys and Girls Club who was unflappable in her determination to secure children's summer camperships
- **Johanna Crawford** of Web of Benefit who is instrumental in securing financial resources and laptop computers and printers for women's educational related goals and dreams
- **The Sunshine Lady Foundation of North Carolina** for providing scholarships to several participants of *The Second Step* who have returned to school and are pursuing a 2 or 4 year degree
- **Maia** for administering TSS Moves and helping more than 50 families move to permanent homes of their own last year
- **Coach John Staulo and the Newton North High School wrestling team, Viking Storage and Moving, and Extra Space Storage** for their incredible volunteer support, pro-bono services and reduced fee services that make TSS Moves possible for relocating families
- **Lisa Cerqueira**, Arbonne Consultant, for hosting a party in her Watertown home and donating a portion of party and summer sales to *The Second Step*
- **Newton Centre Girl Scout Troop 3023** for honoring long time troop leaders Dot Jacobson and Laurie Striar by purchasing and planting a beautiful Dogwood tree at a *Second Step* home
- **The Newton Kiwanis** for providing an annual summer reunion barbeque for families living at *The Second Step* and for graduates.
- **Sarah Abrams**, President, and everyone at Fidelity Real Estate for their continuous donations of decommissioned—and beautiful—office furniture

## Wishlist

- Charlie Cards for public transportation (pre-paid)
- Phone cards (pre-paid)
- Gift cards to grocery and drug stores
- New twin size comforters, blankets, and sheets
- New standard size pillows
- New bath, hand, and washcloth towel sets
- 19" digital color TVs for resident rooms
- New pots and pans
- Baby items: safety gadgets, wipes, crib sheets, monitors, diapers
- Sports equipment for toddlers 3-6
- Puzzles and games that can be played solo
- Gifts for women: slippers, hairbrushes, shave gel, lotions
- Disposable cameras
- Alarm clocks
- Picture frames, all sizes
- Lightbulbs
- Laundry detergent

Please call (617) 965-3999 to arrange for donation delivery or mailing

# The Second Step Raises \$268,000 at Celebrating Success



On Tuesday, May 5, 2009 nearly 600 loyal supporters gathered to honor The Second Step's amazing graduates. This year's event raised over \$268,000 to support life-changing programs and services. The families and staff of The Second Step are truly grateful for the efforts of event co-chairs Roberta Carson and Marianne Karmel and their tireless committee of volunteers, as well as all the sponsors and supporters who gave so generously. Your support makes survivor family services possible!

*PHOTO 1: 2009 Celebrating Success Planning Committee*

*Back row L to R: Jennifer Feinstein, Joni Lohr, Sharon Johnson, Jan Silverman, Patricia Baker, Anne Kaplan, Co-Chair Marianne Karmel, Phyllis Cohen, Co-Chair Roberta Carson, Linda Isenberg Lerner, Anita Adelson, Ronni Olitsky, Maria Manning Seated L to R: Mary Kakas, Sandy Swartz, Jessica Zirpolo, Lisa Stone (missing: Joanne Andrews, Nancy Buck, Mary Ellen Colten, Cheryl Cronin, Donna Golden, Kathleen Manning Hall, Maura Hennigan, Lucy Nylund, Colette Phillips, Dorothy Terrell)*

*PHOTO 2: From L to R: Roz Hill, Rhonda Lassner, Rose McCabe, Carol Targum, Anita Adelson (Member of the Celebrating Success Planning Committee), Dale Gordon*



*PHOTO 3: Longtime friends of The Second Step, Bruce and Bridgett Evans*

*PHOTO 4: From L to R: Ada Smith, Barbara Lemperly Grant, Elizabeth Cook and John Hancock's VP of Community Relations, Carol Fulp*

## THANK YOU GENEROUS SPONSORS!

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Clare Villari & David Weinstein

### CELEBRATION SPONSORS

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*\*Members of The Second Step Board of Directors*

## *Greta's Blog* by Greta Kenney, Community Services Coordinator



In February of this year, I traveled to Cape Town, South Africa where I volunteered at Place of Hope (POH), a domestic violence shelter. Below are excerpts from the blog I kept while in Cape Town.

Once at POH, we pass under a barbed wire fence and through a steel frame gate. The building is old and dilapidated. The ceiling is leaking; buckets

collect water one drip at a time. The tap in the bathroom sink barely runs. Last June, it was unclear whether POH would be able to keep its doors open because of severe lack of funding. With an anonymous donation of R15,000 (\$1,500) they have been able to squeeze by, and just barely continue to serve women and children. (It astounds me that such little money could keep them open this whole time.) Jenni is the heart and soul of POH. She is the only full-time, paid staff person, and I wonder if she's even able to pay herself. Every other person that we meet—Beverly who does the cooking, Jill who works reception, Sabrina and Veronica who provide childcare—are all volunteers. POH could not function everyday if not for them.

(An interesting aside about Jenni: In the mid 90's, while her husband was a PhD candidate at Harvard, the family lived on Grove Street in Auburndale for three years! It's such a small world.)

As run-down as the building is, it is equally welcoming. Colorful murals of African landscapes and happy children adorn the walls. The South African flag is proudly laid out on the kitchen tables. Art created by the women in their art therapy sessions hangs on the walls. The warmth of both the rooms and the people are immediately comforting and create a feeling of connection.



In the morning we participate in a parenting support group with several residents. They have all been through so much, but have hope and optimism for the future. Janita's husband burned down her house, but she spoke about how grateful she is to be at POH and how she sees good things for herself and her children in the future. Amanda is newly and proudly single. She shared

with me that POH has enabled her to take a deep breath and grow as a woman and a mother. She no longer disciplines her children by hitting them. Patricia is energetic, athletic, and youthful. She tells funny jokes and her laugh is infectious. It blows my mind that the women speak flawless English and that most of them are fluent in at least five of the 13 official national languages.

My favorite moments take place as I paint white room numbers on each of the residents' doors. This provides unexpected opportunities for me to connect with the women. Our personal exchanges, there in the doorway as I paint, become impromptu case management sessions. Patricia tells me about her two daughters while showing me their photos. Rosetta shares that she failed the test for her learner's permit earlier in the day, but is hopeful for the same test next month. After insisting on taking photos together, Maria shares her personal collage and explains that she used to be afraid about traveling on her own, but now she is learning she can do it. Janita smiles and says, "I can't believe you're still here!" Shannon, who is 12, wants to help paint the numbers and does a great job doing so. After Patricia goes downstairs to hang her laundry on the line, she returns with a glass of cold mango juice for me. She says, "It's hot, you should have this to cool yourself."

With each day that I've volunteered, I get closer to being 100% sure that the differences between DV survivors at home and DV survivors in South Africa are minimal. The same themes run through the women's stories; the thread of trauma weaves every survivor together, as does her resiliency, love for her children, and hope for new beginnings.

The differences that I have noticed are not between the experiences of American women and women of other countries, but rather the funding, programming, and government systems in place to support them (i.e., there is no South African housing program that resembles our Section 8). The current Cinderella cause in South Africa is HIV/AIDS education and prevention. So the Desmond Tutu HIV Foundation and other similar NGOs receive all available government funding. While obviously admirable causes, this leaves nothing for agencies that tackle gang violence prevention, child hunger relief, and domestic violence shelter services. POH relies entirely on private donations. It has no fundraising team. Donations are few and far between. In tight situations, I'm sure Jenni could squeeze pennies out of her supportive but poor church. Otherwise, it's week to week, month to month to stay open.

Like the inadequate funding, there is essentially no programming—no therapeutic afterschool program, no case managers, no one to help the women secure safe, permanent housing. POH is a shelter—a literal barebones shelter—a place to sleep at night. Clients' stays are supposed to be capped at six months, but they have no income and nowhere to go. Jenni doesn't have the heart to ask them to leave.

While The Second Step has lost some state funding, a private grant or two, and is tightening its belt during the economic downturn, POH's meager offerings give me a greater appreciation of the resources we have. The Second Step can pay for a client's security deposit, we can refer a client to a pro bono attorney, and we can provide gifts for her kids during the holidays. POH provides warm beds and home-cooked meals. That's it. But at the core we all do the same work. Regardless of country, language, programming or resources, all of us who do this work listen to survivors' stories, believe and support them, give them a safe place to come to, and provide them hope for the future.

*Photo 1: Me and Thabo*

*Photo 2: Me and Jenni, POH Manager*

# Step Up to the Plate **A Benefit for The Second Step**

Step Up to the Plate is a unique benefit event featuring up to 20 dinner parties in the homes of the region's most gracious hosts. Guests at each party will enjoy the company of a special guest speaker.

"Step Up to the Plate is one of the best things we can do as a community. It provides a chance to meet interesting people, promote awareness of a great cause and enjoy a great meal."—DAN SHAUGHNESSY



Mary Richardson



Marsha Bemko



Dan Shaughnessy

## Saturday, November 7 2009 Dinner Parties

### SCIENTIFIC DUO

Paula and Sheldon Apsell, Senior Executive Producer of *NOVA* and former CEO of MicroLogic and inventor of the LoJack Recovery System, respectively

### FAMILY TREASURES

Marsha Bemko, Executive Producer of PBS's TV show *Antiques Roadshow*

### ALL THAT JAZZ

Bob Blumenthal, Jazz journalist and former columnist for *The Boston Globe* and *The Atlantic Monthly*

### LIGHTS! CAMERA! ACTION!

Ty Burr, Author of movie books and film critic for *The Boston Globe*

### HARDLY BITTEN

Vicki Croke, Host of NECN-TV's show *The Secret Life of Animals*

### MEDICINE MAN

Dr. Jeffrey Flier, Dean of Harvard Medical School

### NEWS FIT TO PRINT

Bob Giles, Head of the Neiman Foundation for Journalism at Harvard

### GOT BEER?

Jim Koch, Founder and brewer of The Boston Beer Company

### CELTIC SOJOURN

Brian O'Donovan, Host of the WGBH radio program *A Celtic Sojourn*

### SO YOU THINK YOU CAN ACT?

Angela Peri, Owner and founder of Boston Casting, CSA, Casting Director

### IDIOT AMERICA

Charlie Pierce, Sports analyst on NPR's *Only a Game* and author of *Idiot America: How Stupidity Became a Virtue in the Land of the Free*

### BY THE GLASS

Matt Reiser, Wine Director at *UpStairs on the Square*

### CHRONICLING LIFE

Mary Richardson and Stan Leven, Co-Anchor of WCVB-TV's *Chronicle* and *Chronicle's* Senior Producer, respectively

### THE GREEN MONSTER

Dan Shaughnessy, Sports journalist and columnist for *The Boston Globe*

### JOURNALIST PAR EXCELLENCE

Carole Simpson, Former weekend Anchor of *ABC World News Tonight*

### FINANCIAL PIONEER

Robert Smith, Author, *Riches Among the Ruins: Adventures in the Dark Corners of the Global Economy*

### SHOW NO MERCY

Dan Wasserman, Editorial cartoonist for *The Boston Globe*

### BOOK TO SCREEN

Laura Zigman, Author of national bestseller *Animal Husbandry* and recent book *Piece of Work*

For information and sponsorship opportunities, contact Tanya Crowley at 617-965-2026 or [tcrowley@thesecondstep.org](mailto:tcrowley@thesecondstep.org)

## BECOME A FRIEND! It's as Easy as 1, 2, 3...

### 1 Become a fan of The Second Step on **facebook**!



Shop and Help! Every Tuesday, Wednesday, and Thursday, Shaw's Supermarkets and Star Market direct 1% of your purchases to The Second Step. Here's how you can help: Go to [www.shaws.com](http://www.shaws.com) and click on "Shaws Cares" and then "Community Rewards." Next, click on "Shoppers login or register with your Rewards Card first" and enter your information. Once you've logged in, click Sign Me Up and then use your Shaw's Rewards Card to sign up for the program. Enter The Second Step's ID Number (49001022503) and start buying!



To stay updated on the latest happenings at The Second Step and to help us go green, please send your email address to [rosenfeld@thesecondstep.org](mailto:rosenfeld@thesecondstep.org). We look forward to hearing from you.