



Home is where the heart is...

People don't always equate Valentine's Day with domestic violence. But here at **The Second Step**, each and everyday we work with nearly 150 survivors and their children to let them know that they are worthy of love and that love shouldn't hurt.

At The Second Step, we partner with adult and child survivors of domestic violence to find and build healthy and loving relationships by:



Artwork by Alycia, age 4
– child survivor

- creating a supportive community that embraces them;
- rebuilding their self-esteem and enabling them to love and celebrate who they are;
- providing parenting skills and strategies that strengthen and restore the mother and child bonds that are often weakened after the trauma of abuse;
- working with kids to show them healthy behaviors and communication skills to end the cycle of abuse;
- teaching survivors the early warning signs of abuse in order to avoid unhealthy relationships in the future;
- offering mentors to survivors and kids and nurturing peer-to-peer support groups.

This Valentine's Day, we want to say thank you for making the saying, "home is where the heart is" true again.

On behalf of everyone at The Second Step we wish you a very Happy Valentine's Day and a lifetime of healthy, safe and happy relationships!

Warmly,

Roberta Rosenberg
Executive Director



P.S. We encourage you to help us to spread the word about the work of The Second Step. Please feel free to forward this email to others.

[DONATE NOW](#) to support the work of The Second Step.
To learn more about [The Second Step](#)

P.O. Box 600213 Newtonville, MA 02460 * 617-965-3999